

**2019 MASTER PLAN - ANNUAL GOALS for \_\_\_\_\_ :**

*Theme for 2019 = \_\_\_\_\_*

<b>GOAL CATEGORY</b>	<b>DESIRED RESULT, BLOCKS, RESOURCES, IDEAS</b>	<b>ACTION STEPS TO REACH GOAL</b>	✓
<p align="center"><b>1. Goal one:</b></p>    <p>Start By: __/__/2019 Complete by: __/__/2019</p>	<p><i>Why is this important to me?</i></p>  <p><i>Current Blocks to overcome</i></p>  <p><i>Ideas/resources to consider:</i></p>	<p>1.</p> <p>2.</p> <p>3.</p> <p>4.</p> <p>5.</p>	
<p align="center"><b>2. Goal two:</b></p>    <p>Start By: __/__/2019 Complete by: __/__/2019</p>	<p><i>Why is this important to me?</i></p>  <p><i>Current Blocks to overcome</i></p>  <p><i>Ideas/ resources to consider</i></p>	<p>1.</p> <p>2.</p> <p>3.</p> <p>4.</p> <p>5.</p>	
<p align="center"><b>3. Goal three</b></p>    <p>Start By: __/__/2019 Complete by: __/__/2019</p>	<p><i>Why is this important to me?</i></p>  <p><i>Current Blocks to overcome</i></p>  <p><i>Ideas/ resources to consider</i></p>	<p>1.</p> <p>2.</p> <p>3.</p> <p>4.</p> <p>5.</p>	

<p><b>4. Goal four</b></p> <p>Start By: __/__/2019 Complete by: __/__/2019</p>	<p><i>Why is this important to me?</i></p> <p><i>Current Blocks to overcome</i></p> <p><i>Ideas/ resources to consider</i></p>	<p>1.</p> <p>2.</p> <p>3.</p> <p>4.</p> <p>5.</p>	
<p><b>5. Goal five</b></p> <p>Start By: __/__/2019 Complete by: __/__/2019</p>	<p><i>Why is this important to me?</i></p> <p><i>Current Blocks to overcome</i></p> <p><i>Ideas/ resources to consider</i></p>	<p>1.</p> <p>2.</p> <p>3.</p> <p>4.</p> <p>5.</p>	

Suggestion: Pick one goal from each area of your life, Personal, Family, Spiritual, Vocation and Community. List them by greatest importance to least. Make your goals known to 2-3 significant people who can hold you accountable and help you stay motivated to reach your goals. Seriously consider working with a life coach like Michael Pfau. Fortune magazine states that working with a professionally trained coach leads to a 77% greater chance of success than working without a coach.



## *Crossways Life Coaching*

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