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Subject: Lifeways Issue 3

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LIFEWAYS

ISSUE 3

Facing the Roadblocks

As you set goals, and begin to make progress, you likely will see roadblocks that stand in the way to achieving your goals. It's important to keep some guidelines in mind.

Recognize God is Sovereign – God is at work in all things. Some we consider good and others we consider bad, hurtful or negative. The reality is that God is at work in all things. He desires to use roadblocks to bring us into a deeper relationship with Himself.

You're not a Victim – When a roadblock appears it can be easy to feel like a victim. A victim will try and justify not overcoming or making progress by blaming a person, circumstances or other situation. Instead turn to God as the one in control of all things including the details of your life and keep pressing on.

Fixated on Fear – One of the biggest reasons people don't pursue a goal is fear. 'God has not given us a spirit of fear but of power and love and a sound mind.' 2 Tim. 1:7
Instead of fear ask God for the courage and wisdom to respond in His timing and according to His methods.

Take a Risk – Risks are a part of life and growth. Some personalities lend themselves to risk while others tend to be more cautious. But as you recognize a goal or dream is from God you must move forward in surrender to His plan for you.

Move with Assurance not Insurance – When you step toward your dream or try to reach a major goal your tendency will be to want to know how it will turn out. You will find yourself having to trust God's assurance, 'I will be with you'. He will lead you, He will guide you, He will provide what is best for you. He will provide for you with His sufficiency.

Dreaming Big,

Michael J. Pfau, M.Ed., C.L.C.

____about the publisher_____

Crossways Life Coaching

The focus of Crossways Life Coaching is to guide individuals into intentional, authentic living. *Lifeways* is written by Michael Pfau, a Certified Life Coach. Through his work with the Bruce Wilkinson's Dream Giver Coach Network and the Christian Counseling and Education Foundation he helps couples, individuals and small business owners achieve their dreams and reach their full

potential.

Individual and group coaching is available. For more information or a complimentary coaching session, contact Michael at mike@crosswayslifecoaching.com or visit www.crosswayslifecoaching.com.

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